

Name \_\_\_\_\_

Date \_\_\_\_\_

## Do I Need a Test For CVI?

Chronic venous insufficiency (CVI) is a serious circulatory problem that occurs when the venous wall and/or valves in the leg veins are not working effectively, making it difficult for blood to return to the heart from the legs. It affects millions of Americans, most over the age of 40. Symptoms of CVI include varicose veins, skin problems, leg and ankle swelling, tight calves, and legs that feel heavy, tired, restless, or achy. Factors that can increase the risk for CVI include pregnancy, obesity, smoking, standing or sitting for long periods of time, and not getting enough exercise. Answers to these questions will help determine if you are at risk for CVI and if a vascular exam will help us better assess your vascular health status.

### Check All Applicable Boxes

1. Do you have varicose veins and heavy, tired, restless, or achy legs?
2. Do you have varicose veins with inflammation (redness, swelling, pain, and heat) in your leg(s)?
3. Do you have varicose veins and an ulcer and inflammation in your leg(s)?
4. Do you have a non-healing ulcer around your ankle or sock line with shiny or leathery looking skin?
5. Have you had a Deep Vein Thrombosis (DVT) in the past and are experiencing pain, swelling, changes in skin color, or cellulitis?

Other Comments or Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Note: Providers are advised that insurance carriers have policies regarding when diagnostic services are considered medically necessary. These policies may vary between carriers and are subject to change at any time. Providers should check coverage requirements with specific insurance plans before testing.*